

## LASER SKIN PEEL

### Pacific Cosmetic Surgeons brings a new approach to Laser skin resurfacing.

#### What is it?

Our laser resurfacing system's combination of two lasers sets a new standard for laser skin peels, allowing your physician to precisely vary the depth and the effect of your laser treatment. **Drs. Griffiths, Krauss and Van Tassel** will tailor your treatment to match your skin condition and desired result.

#### What conditions can be treated?

- Wrinkles
- Epidermal Nevi
- Acne Scars
- Solar lentiginos
- Actinic Keratoses
- Hypertrophic Scars
- Surgical Scars



#### What will the laser do?

The laser will remove thin layers of your skin's surface, which will be replaced by younger skin growth. Our laser has the ability to provide a treatment that is optimized to your skin condition. Your wrinkles will soften and become less noticeable; some will disappear. And pigmented lesions will greatly improve.

#### What areas can be treated?

Most skin areas can be treated. Popular areas are the face, neck, chest and hands. Discuss your needs with your physician.

#### How long will it take to recover?

Your healing time will depend upon your actual treatment depth. You may experience erythema (redness) which may last several weeks. Healing time does vary among individuals. Our staff can answer questions about temporary changes to your skin color and how they may be camouflaged.

#### What should I expect after treatment?

It will take a few days to replace the outer layer of your skin. Redness is common and swelling may be present in the areas treated, however this should subside in a few hours. Our staff will instruct you how best to care for your healing skin. Your skin will have a residual pink or red color that will resolve over time.

#### Will it be uncomfortable?

The amount of discomfort varies from patient to patient. Our staff will discuss your anesthesia options to properly minimize any discomfort from the treatment.

#### Is there a risk?

Adhering to the correct aftercare procedures prescribed by your physician will reduce the risk of infection. You will return to us for follow-up visits to ensure excellent healing.

#### What will happen during the procedure?

Our staff will administer anesthesia after discussing the options with you. Your eyes will be



4 weeks after resurfacing and lower lid blepharoplasty.

protected with safety shields or glasses. The laser beam will be delivered through a computer controlled device that automatically scans the area of your skin being treated. You may hear a snapping or popping noise as the laser beam gently removes the outer skin cells. Your procedure may take a few minutes to half an hour, depending on the size of the area to be treated and the depth of your peel.

#### What aftercare will I need?

It is important to follow our instructions. You may be given some skin care products and instructions on how to use them. This will minimize your risk of infection and ensure the shortest healing time. The top layer of your skin will re-grow and can be covered with makeup in about one week. Your new skin will be very sensitive to ultra-violet light and you must avoid sun exposure until fully healed. You need to cover your skin, wear a hat, and use an **SPF 15 sunscreen** if you go outdoors.

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